**Sandside Lodge School – Lead Inclusion School for PE and School Sport – Cumbria**

**Programme overview – Hilary Stephenson**

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| **Focus Area**  | **Intent** | **Implementation** | **Impact** |
| YST Core offer | 1. To provide training, Advice and Guidance.
2. To facilitate the continued re-imagination of inclusive PE and School Sport.
3. To support young People Leading the Way.
 | 1. Demonstrate the value of Physical Education, Play, Sport and Physical Activity to improve the Physical and Mental Health, Inclusion, Character, and Leadership of students within whole school and/or community contexts; and add to our evidence base through collaborative place-based pilots.
2. Advocate and champion, the impact of the specialist area(s) on young people’s wellbeing and achievement.
3. Combine the very best local solutions and national innovation to create transformation in opportunity, access and experience of play, PE and school sport.
4. Develop, test, and share the learnings across the sector of specialist interventions that create transformational change in schools and communities, working in collaboration with diverse settings, partners, and young people.
5. To ensure our collective approaches are young person led - engaging and empowering all young people to have a voice and role in shaping their PE, play and school sport offer.
 | **Every child enjoys the life-changing benefits that come from play and sport****Pioneer** new ways of using sport to **improve children’s wellbeing** and give them a **brighter future**Ensuring that it is:**Inspiring:** something that they want to take part in.**Accessible:** something that they can take part in.**Meaningful:** something that they can actually benefit from.  |
| Core offer – CPD | To deliver CPD to Primary and Secondary Schools across Cumbria to support the core offer aims of ensuring high quality inclusive PE and School Sport for all young people by upskilling the workforce.1. Autism - All About Me
2. Tops Sports Ability
3. Inclusive Dance
4. Inclusive PE – links with LuSu
 | Through sharing insight and available data/evidence; Inclusion schools will provide advice and guidance to SGO`s and the School Games County Alliance to ensure an increased knowledge and understanding of special/alternative provision schools/mainstream units and how to engage them in their local offers.Through their network and reach; work with others (SGOs, Special/Alternative Provision Schools) to support them to drive the following in each county area:* Enhance local SGO and county level **Development Planning** to ensure it is inclusive of young people with SEND and those within PRU/Alternative Provision school settings.
* **Champion the importance of youth voice** from young people who face the greatest inequalities, utilizing resources such as the inclusive youth voice toolkit and Chateez.
 | Upskilling SGO workforce in inclusive practice, resulting in more young people meaningfully engaged in the School Games.Increasing awareness and usage of inclusive competition formats in the School Games.Increasing the use of Inclusive Health Checks (schools, SGO and County Alliance) |
| Core offer – Inclusive Sports opportunities | To provide training, events and Student Voice opportunities.The events/festival will be in inspired by world sporting events where disabled people participate in including the Special Olympic World Games in 2023, Commonwealth games and summer and winter Paralympic Games. Youth Voice and Inclusive Youth Leadership is at the heart of this project to inspire and increase participation for pupils with SEND. Continue to develop the Sports Council at SLS and support other schools to establish their student voice for PE and School Sport. | Delivery of a programme of inclusive sport opportunities that are Special Olympic World Games/Paralympics/Commonwealth themed and that link to wider opportunities through the Olympic and Paralympic ‘Get Set’ educational programme.Delivery engagement and participation opportunities to a minimum of 60 young people (70% with SEND), encouraging them to play together, challenging perceptions of disability and collectively building empathy. A minimum of 10 young leaders (50% with SEND) will need to be upskilled and empowered to lead through this programme.To support the delivery of a wider variety of inclusive sports festivals, events and competitions.1. Boccia
2. Table Cricket
3. Dance
4. MATP
5. MOVE
6. Gymnastics
7. Athletics
8. Basketball
9. Panathlon
10. Swimming
 | The impact of this project will provide young people with and without SEND the opportunity to come together and participate in Paralympics/Commonwealth themed activities. This will support development of acceptance and friendships between young people with and without SEND and provide schools with high quality resources to continue to use back in schools to further increase participation.  |
| Inclusive Youth Leadership – Full offer | To develop character traits, like skills and leadership/employability in young peopleTo raise aspirations, narrowing the gap and enabling social mobility. Ensuring the inclusion of all young people.To provide additional leadership opportunities for training and volunteering in activities such as – Boccia and Table Cricket | Establish Sports Ambassador 2023 – Arrange an introduction to the programme and mentoring sessions with Olympic Athlete – Charlotte Hartley – Nov & Dec 2022.Leadership training day scheduled for 26th January at Furness College 9.30 – 2pmLeadership opportunities in Spring and Summer term – Boccia, Table Cricket, Inclusive Festivals, Panathlon, Mini Olympics, Dance, MOVE, Sports Days etc. | **Increased** number, range and quality of **opportunities for ALL young people** to participate and progress in PE, School Sport and the School Games.Increased **skills** and **confidence** of the **school sport workforce** to provide high quality provision. |
| Inclusive Sports Programme | To develop character traits, like skills and leadership/employability in young people.To tackle inactivity and physical wellbeing.To ensure the inclusion of all young people. **Raising Aspirations** of young people with additional support needs and those that support them to realise their potential in and through physical education and sport. **inspiration**; providing opportunities to participate in new inclusive activity, encouraging lifelong participation. | Design and delivery of 1 **programme of inclusive sport,** engaging a minimum of 60 pupils (70% with SEND) and 10 young leaders (50% with SEND). Work alongside Programme Manager/Development Coach Support from the Youth Sport Trust Inclusion team**To** host, organise and deliver a programme of inclusive sport.**Digital toolkit**- Learning & Discovery festival toolkit alongside additional resources. | **Increased** number, range and quality of **opportunities for ALL young people** to participate and progress in PE, School Sport and the School Games.Increased **skills** and **confidence** of the **school sport workforce** to provide high quality provision. |
| LTA Open Court | To engage more children and young people with SEND into tennis and in their local communities.To provide additional opportunities for children and young people with SEND to be active, strengthening connectivity between community and school provision. | Lead Inclusion School to work with a minimum of 5 schools, aiming to get 5-8 teachers on the trainingMinimum of 5 schools trained and attending an organised festival across the pilot50 children participating across the project (minimum 60% of children with SEND)3 volunteers (inclusive of young volunteers with SEND) supporting at tennis festivals | More schools and students to receive high quality inclusive sport coachingMore students representing their school in an inspiring, accessible and meaningful playing opportunity.Increased awareness of how to continue to play tennis in their local community |